

## Naheed Farid

### Member of Parliament



Naheed Farid daughter of Mohammad Ibrahim has been born on 1984 in Herat province Currently she living in in Kabul City.

In 2010, at the age of 27, she was elected to the Afghanistan Parliament, becoming one of the youngest elected members in the nation's history.

Farid has worked tirelessly to engage Afghan youth and women in the nation's political process. Prior to running for Parliament, she was involved in the rebuilding of her nation. She has founded and led various NGOs assisting women, children and engaging in rural community development amongst others. She has advocated for the reduction of gender-based violence and human rights violations against women, and for expanded access to education and employment for women.

Born in 1984, Farid earned a Bachelor's degree of Law and Political Science from Herat University in 2007. She holds a Master's degree in International Relations from George Washington University in 2010.

She wrote numerous articles on development and international relations which is published in national and international journals. She worked as Program Director of Medica Mondal office and currently Member of Parliament, member of International Relation Commissions' member and Director of Farid Foundation.

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